

CERTIFICATE **OF PARTICIPATION**

This is to certify that

Lorraine Holtzhausen

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2017 #4

held at Cowhouse Market.

TIME 01:54:19

PACE 07:36/km OVERALL 35 of 42

GENDER 12 of 17 OPEN 6 of 6



Signature

06 August 2017, Sun

Date